



Stronger Families...Brighter Futures

Community Service Programs

Presents

PARENTING SKILLS

An Interactive 7-week Court-approved Program

Offers tools to help strengthen relationships & reduce family conflicts

- What:** Addresses issues facing single parents, step-parents, blended families, grandparents, and the extended family
Discusses challenging topics of drugs, alcohol, tobacco, sexuality and anger management
- Where:** ParentCare
4990 Williams Avenue
La Mesa, CA 91942
- Stein Education Center
647 E Street
Chula Vista, CA 91911
- When:** Thursday Evenings
Monday Evenings
- Time:** 6:30 to 8:30 PM
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- Fee:** \$70.00 per family for program manual and materials.
Payment plans are accepted, but the full amount due by the end of the program.

Certificates will be issued at the end of the program.

For more information call **619.668.4250** or visit: www.vistahill.org