



**“From the Annals of Autism”**  
With Caren Zucker and John Donvan  
(see back for introductions to Caren and John)

**6 p.m. Light Refreshments**  
**7 p.m. Program**

**Congregation Beth Israel**  
**9001 Towne Centre Drive**  
**San Diego, CA 92122**

Wednesday, February 15, 2012

\$25 per person\*  
RSVP 858.514.5155

Or send check or  
credit card information to

Vista Hill  
8910 Clairemont Mesa Blvd.,  
San Diego, CA 92123  
(Please include your contact information.)

*This evening event is presented by the  
Vista Hill Council on Mental Health*

*\*Cost is \$20 per person for members of  
Congregation Beth Israel and for Stein  
Education Center parents and teachers;  
\$10 to persons with developmental disabilities.*

## **AT VISTA HILL,**

we know how important it is to learn as much as possible about autism. We think it is likely that everyone reading this postcard knows somebody with autism...either a friend or a relative or somebody nearby.

As a friend or family member, knowledge about the disorder helps eradicate many of your fears and helps you assist your loved ones (should they ask) in making informed decisions about the future.

Leading productive and satisfying lives begins at diagnosis with early interventions; and fostering independence starts with confidence and believing in one's self.

## **Facts:**

**Autism affects 1 in 110 children  
1 in 70 boys**

Caren Zucker is the mother of a 17-year-old young man with autism, and producer of Robert MacNeil's 2011 PBS NewsHour series on autism. John Donovan is an ABC News correspondent, and three-time Emmy Award winner, whose brother-in-law is a 45-year-old with autism. As a team, Zucker and Donovan produced what is considered some of the best work on autism to appear on network television over the past decade.

## **VISTA HILL COUNCIL ON MENTAL HEALTH, A MEMBERSHIP ORGANIZATION:**

### **OUR MISSION IS TO**

- ❖ increase awareness and knowledge of mental health disorders and the effects they have on families;
- ❖ remove the stigma of mental illness through education and outreach; and
- ❖ provide help and positive support to those in need thereby improving their quality of life.

### **Information or reservations:**

**Jenny Cairncross 858.514.5155  
or Lisa DeFino 858.514.5153**

