




**VISTA HILL INTERVENTION & PREVENTION / PUBLIC EDUCATION DIVISION  
2009 -2010 COMMUNITY SERVICE PROGRAM CALENDAR**

PROGRAM DAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<b>“SAFIR” AND “ON TRACK” PROGRAMS SCHEDULES AND LOCATIONS</b>	<b><u>SAFIR 6:30 – 8:30 PM</u></b> ParentCare 4990 Williams Avenue La Mesa, CA 91941 <b>Elkins &amp; Hilton</b>	<b><u>SAFIR 6:30 – 8:30 PM</u></b> Stein Education Center 647 E Street Chula Vista, CA 91910 <b>Bilingual – Elkins &amp; Hilton</b>	  <b>Tips for Parents:</b>  Set a positive example; treat your children with respect.  Give praise for accomplishments and good behavior.  Encourage independence, give reasonable responsibilities.  Be clear with the house rules. Don't wait for a crisis to occur.  Avoid nagging a criticism.  Cultivate and appreciate your child's strengths.	<b><u>ONTRACK 6:30 – 8:30 PM</u></b> ParentCare 4990 Williams Avenue La Mesa, CA 91941 <b>Elkins &amp; Hilton</b>
	<b><u>SAFIR 6:30 – 8:30 PM</u></b> Coming soon to <b>Escondido</b>	<b><u>SAFIR 6:30 – 8:30 PM</u></b> Sunset High School 684 Requeza Street Encinitas, CA <b>Noel &amp; Vander Schuit</b>		<b><u>SAFIR 6:30 – 8:30 PM</u></b> Abraxas High School 12450 Glenoak Road Poway, CA 92064 <b>Duffy &amp; Herrmann</b>
<b>PARENTING SKILLS CLASS</b>	<b><u>PARENTING SKILLS</u></b> <b>6:30 – 8:30 PM</b> Stein Education Center 647 E Street Chula Vista, CA 91910 <b>Meredith</b>	<b><u>ON TRACK 6:30 – 8:30 PM</u></b> Hoover High School 4474 El Cajon Blvd San Diego, CA 92115 <b>Murillo</b>		
<b>ANGER MANAGEMENT</b>				<b><u>ANGER MANAGEMENT</u></b> <b>6:30 – 8:30 PM</b> Meadowbrook Middle School 12320 Meadowbrook Lane Poway, CA 92064 Site: Library <b>Duffy &amp; Herrmann</b>

**Check All Schools for Holiday Schedules**


When schools are closed all Community Service Program Classes held in schools will be cancelled.

All Community Service Programs not held on school property will be open as listed on schedule.

Please call (619) 668-4250 or (619) 668- 4201 Fax (619) 698-1665

**STRONGER FAMILIES ~BRIGHTER FUTURES**

**VISTA HILL INTERVENTION & PREVENTION  
PUBLIC EDUCATION DIVISION  
2009-2010 COMMUNITY SERVICE PROGRAM CALENDAR**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
<p><b>Teens Needing Help! Call Vista Hill</b></p> <p><b>A TEEN'S REMARK</b> "Don't allow us to control the boundary lines because we'll keep changing them".</p>	<p><b><u>ON TRACK 6:30 – 8:30 PM</u></b> Hoover High School 4474 El Cajon Blvd. San Diego, CA 92115 Murillo</p>	<p><b><u>ON TRACK 6:30 – 8:30 PM</u></b> Stein Education Center 647 E Street Chula Vista, CA 91910 Ramirez - <i>Bilingual</i></p>	<p><b><u>ON TRACK 6:30 – 8:30 PM</u></b> ParentCare Family Recovery Center 4990 Williams Avenue La Mesa, CA 91941 Elkins/ Hilton</p>
	<p><b>Session #1</b></p> <p><b>Session #2</b></p> <p><b>Session #3</b></p>	<p><b><u>ON TRACK 6:30 – 8:30 PM</u></b> Poway – Rancho Bernardo High School 13010 Paseo Lucido San Diego, CA 92128 Site: Multipurpose Room Duffy / Herrmann</p> <p><b>Start</b> – Wednesday, October 7, 2009 <b>End</b> – Wednesday, November 10, 2009</p> <p><b>Start</b> – Wednesday, January 6, 2010 <b>End</b> – Wednesday, February 10, 2010</p> <p><b>Start</b> – Wednesday, April 21, 2010 <b>End</b> – Wednesday, May 26, 2010</p>	<p><b><u>ANGER MANAGEMENT</u></b> <b><u>6:30 – 8:30 PM</u></b> Meadowbrook Middle School 12320 Meadowbrook Lane Poway, CA 92064 Site: Library Duffy / Herrmann</p> <p><b>Start</b> – Thursday, October 8, 2009 <b>End</b> – Thursday, November 12, 2009</p> <p><b>Start</b> – Thursday, January 7, 2010 <b>End</b> – Thursday, February 11, 2010</p> <p><b>Start</b> – Thursday, April 22, 2010 <b>End</b> – Thursday, May 27, 2010</p>

**Parents must attend classes with student.**

**Siblings not allowed.**

**Must attend every class.**

**Retain Certificate of Completion to show to school administrator and/or Discipline office.**